

# **Are You A Stressed Out "School-At-Home" Homeschool Parent?**



# **If you are doing "school at home" homeschool, you may be wondering ...**

"Did I Make The Wrong Decision When I Decided To Homeschool?"

- Is your child (or children) as, or more, stressed out than they were before?
- Are you as, or more, stressed out than you were before?
- Maybe your neighbors/friends & family are all saying "I told you so."

## **PLEASE HEAR THIS:**

**YOU ARE NOT THE PROBLEM.**

**YOU ARE NOT DOING THE SYSTEM WRONG.**

**WHAT IS WRONG IS THE SYSTEM YOU ARE DOING.**



# What Does "School-At-Home" Mean?

The word homeschool is often perceived as a "catch all" phrase for every type of home education. However, there are almost as many ways to homeschool, as there are children. Especially when a family engages in child-led learning.

"School At Home" refers to a style where the parent home educator buys a curriculum complete with books, tests, and activities and delivers it to their child or children, often with desks setup similar to a traditional school environment.

**This system is the same as going to school, except it is happening at home with a parent.**



# LIFE BEFORE HOMESCHOOL

Your home life might have looked like this excerpt from Patty's blog, a parent turned Light Way Home Educator, written in November 2013:

**“Matthew is getting 3 hours of homework every single night. The kid is fried, and mom is starting not to care about school at all anymore, and loses it one night, because we have NO family time. Mom tells Dad he needs to step up and help with homework because there is just too much for one parent to do every night. It is crazy.”**

Like Matthew, maybe your children were not thriving in school because of

- **Bullying**
- **Too much testing**
- **Not enough physical exercise**
- **Boring classes & tons of homework**
- **Unsympathetic teachers who “don’t like your child”.**
- **Unresponsive school administration**
- **An outdated curriculum**

**OR**

- **They learn differently.**
- **Their confidence has been damaged and they think they are stupid.**
- **They don’t fit in.**



# LIFE SINCE HOMESCHOOL

You made the decision to homeschool. It wasn't easy. You had to answer to friends and family, give up a lot of your time and potentially make a huge financial sacrifice. All so that your kids could be happier and learn more. You trawled through websites and found a good, ready-made curriculum with books and tests etc. - all designed to make homeschooling easy and ensure your kids won't get left behind.

**BUT - and this is a big but - your kids still aren't happy.**

Now **all** the work is homework and there is still HUGE resistance to doing it. How do you get your kids to sit in chairs doing worksheets and readings and taking tests? You may start to empathize with your child's teachers and wonder if your kid wasn't the problem after all.

And maybe there's a voice/feeling inside starting to nag at you saying "There's something better than this. **There must be something better than this.** I KNOW there's something better than this - but what is it?"



That voice is right. But first, trust me: It wasn't the kids. It was the system.

The traditional education system consisting of:

- Learning seated at a desk in a room (maybe with windows, maybe not)
- Learning disconnected from children's lives
- A one size fits all curriculum & schedule that all children need to keep up with regardless of interest and aptitude.
- Learning focused on memorizing facts with no connection beyond passing the next test
- **A system that identifies what we are least good at and makes us do more of that! How insane is that?**

**And this is the tip of the iceberg...**

Watch my webinar, "**What Parents Don't Even Know They Don't Know About School, Education & Learning**" if you want to go all the way down this particular rabbit hole.



# The Light Way System

**When you change the system you are using, you will get different results.**

If you like the sound of

- your kids begging for more instead of dragging themselves to the kitchen table or the computer
- their eyes lighting up as you allow them to blossom and thrive instead of drowning in anxiety, depression and stress
- supporting your children's individual learning journey
- being free from having to be an expert in every subject area
- making the task of teaching far less overwhelming

then you need the Light Way System taught in  
**E.P.I.C., Empowered Parents Inspiring Children -  
the Light Way Home Educator Certificate Course.**

# What Is The Light Way System?

The Light Way System incorporates all the best 21st century practices in education and learning and makes them accessible to you, so you can become a top notch learning facilitator for your children.

The Light Way System is:

wise  
real life  
innovative  
passionate  
empowering  
heart-centered learning.

It's not the wave of the future. It's now.

**Catch the wave.**







**The difference between the  
Light Way System and  
traditional schooling is like  
the difference between  
a “CARPENTER” and  
a “GARDENER”.**



# **A CARPENTER treats each child like a product.**

- Believes the right skills and techniques will make the “product” successful.
- Follows societies standards for success with a one size fits all approach - the traditional curriculum
- Controls the environment and process to create the perfect product.

# **A GARDENER builds a protected space where the child can explore.**

- Builds a healthy environment for a seed to grow.
- Creates and nurtures a rich, diverse and dynamic eco-system
- Trusts that each plant is unique and lets them blossom in their own way.

And if we all educated our children with love, care, and ultimately let them grow and blossom into their true selves, then the next generation could change the world.

Adapted from “Little Humans



# IMAGINE

**Can you imagine how it will feel after 30 days** with no more homework arguments, no more testing pressure, smiling children who are enjoying learning and sleeping well at night, weekends where you actually make plans together and have fun instead of having to digest 5 days of stress over homework?

**Imagine days spent at** local art shows, museums, parks, and classes like circus arts, martial arts, music, science clubs with willing children eager to learn, because now their hearts are engaged, not just their minds.

**After a year,** they will have discovered many interests and passions and will know exactly how to engage with those interests and learn with great depth and focus. They will be happy, confident, well adjusted and excited about life.



# YOUR NEXT STEPS

To take action immediately right now -

## BOOK YOUR CONSULTATION

After we talk, you will be able to get started right away with your most pressing problem: **what to do with your kids right now.**

We'll also figure out which of these options is best for your family.

- **E.P.I.C. Empowered Parents Inspiring Children - Light Way Home Educator Certification Course**
- **"Light You Up" Coaching Program** and
- **Jump Start "Light You Up" Coaching Program**



Zahra Lightway is known as the most sought after designer of alternative holistic education programs for children and youth. She is famous for empowering parents to inspire their children to lead fulfilling lives and realize their full potential.

Zahra is a certified school principal and teacher who left the system to found her own school, ran a youth program for three years in her own home, and has a Master's Degree in Education.

She is currently working with a group of homeschool parents in New Zealand as the vision catalyst for creating the Golden Bay Community Learning Hub and coaching parents online in Australia, New Zealand and the US.

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